# SKIFOR LIGHT 2015 ANNUAL REPORT

# **PRESIDENT'S LETTER**

The 2015 Ski for Light International Event, held in Granby, Colorado, marked the 40th anniversary of this one-of-a-kind program. The skiing at Snow Mountain Ranch was spectacular, the camaraderie and enthusiasm of the SFL community was uplifting, and the evening programs kept many of us up late into the night with fun and fellowship. The ideal weather, beautifully groomed tracks, and opportunity to welcome new and longtime friends created a perfect environment for our weeklong celebration.

One of the evening program highlights was a concert by Colorado singer/ songwriter and longtime SFL booster Jim Salestrom. To honor our 40th anniversary, Jim presented us with a new Ski for Light song, which you'll find excerpted later in these pages. (There's also an audio link to the song on our website, www.sfl.org.) We took time each evening to reflect on our past and honor some of our pioneers through the "SFL History Minute," an informative and entertaining journey through the decades.

While we are primarily a skiing organization, the close friendships and working relationships our volunteers forge over time form the foundation of every successful event. No recap of 2015 would be complete without recognizing the excellent leadership of event chair Cara Barnes and the dedicated event planning committee. Thank you, Cara, and your outstanding team.

And now our focus shifts to the 2016 event. On January 24 we will gather at the Shanty Creek Resorts in Bellaire, Michigan, where we had our memorable 2013 event. This year we will be skiing on newly designed trails that should provide an excellent Nordic experience for skiers of all levels. We will be led by event co-chairs Doug Boose and Judy Dixon.

It is an honor for me to have served another year as Ski for Light's president. I continue to be gratified by the generosity of you, our individual donors, the Sons of Norway, our corporate sponsors, foundations, and hundreds of dedicated volunteers. It is your generous support that sustains this life-changing program.

Thank YOU.

Sincerely,

Scott McCall, Ski for Light President



"I continue to be gratified by the generosity of you, our individual donors, the Sons of Norway, our corporate sponsors, foundations, and hundreds of dedicated volunteers."

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# **THE SFL STORY**

"If I can do this, I can do anything."

—Ski for Light motto Ski for Light, Inc. is an all-volunteer, nonprofit organization founded in 1975, modeled on a similar program in Beitostølen, Norway. We have yearround offshoots across the country, but our primary endeavor is a week-long international event each winter in which blind and mobility-impaired adults are taught the basics of cross-country skiing. They leave Ski for Light with a sense of accomplishment and motivation that often carries over to the rest of their lives back home.

Each visually impaired participant ("VIP") is paired for the week with an experienced, sighted cross-country skier who acts as ski instructor and guide. The disabled person skis in tracks or grooves groomed into the snow, while the guide skis in a parallel set of tracks. The guide provides directions and skiing tips, gives support and encouragement, and describes the countryside. For our mobility-impaired participants ("MIPs"), who propel themselves in sit-skis, the guide sometimes lends extra muscle when the pair heads uphill or veers off-track.

> Above left: Jennison Asuncion with guide Sonja Elmquist, triumphant at the finish line at SFL 2015 in Granby. At right: Guide Joan Holcombe with blind skier Nancy Stevens, all dolled up and ready to race. Opposite page: Veteran instructor/guide Ken Leghorn trustfully places his hand underneath a first-time participant's ski to help him learn how to step out of the track gently on one side (for controlling speed) while keeping most of his weight on the other ski in the track. This partial weight transfer is a foundational Nordic skiing skill, but difficult to teach with words alone.

### Who participates

As many as 300 people attend each event. The blind and mobility-impaired adults who participate as skiers come from all over the United States and from several foreign countries. Many wish to become more physically active and fit, and to find recreational opportunities that are lacking at home.

The volunteer guides who attend Ski for Light pay the same event fees as disabled skiers. Their motivation is simple: to share a favorite activity with someone who would otherwise not have the opportunity to participate. Most of these guides discover that in the process of giving of themselves, they are getting more in return. Many come back year after year.



### Where we go

The location of the event changes from year to year in an effort to spread the Ski for Light concept to as many parts of the country as possible. In recent years, we have gathered in North Conway, New Hampshire; Bend, Oregon; Provo, Utah; Anchorage, Alaska, and Granby, Colorado. The 2016 event, our 41st, will be at Shanty Creek Resorts in Bellaire, Michigan.

### How it works

All first- and second-year guides arrive a day early for a guiding boot camp. In teams, each led by an experienced skier-guide pair, the new guides head out to the ski area and rotate through a series of learning stationsfrom simple orientation to skis and snow, which includes making sure the skier is properly dressed for the day, to such advanced techniques as the herringbone (for uphill climbing) and the snowplow (for controlling speed on a downhill run). The guides learn how to break each skill down to its component parts. They learn how to replace a visual demonstration with words and, in some cases, touch.

New guides also learn useful vocabulary—"tips left" signals a lefthand turn, for example, while "track left" signals a lateral move with skis parallel and body facing forward—and how to indicate the severity of turns or inclines by using a number-rating system, clock face or compass symbols. Most importantly, guides learn how to ensure everyone's safety by constantly assessing their skiers' abilities and comfort level, by using proper trail etiquette and, as a last resort, shouting the "Sit!" command for an emergency stop.

In practice, though, "how it works"

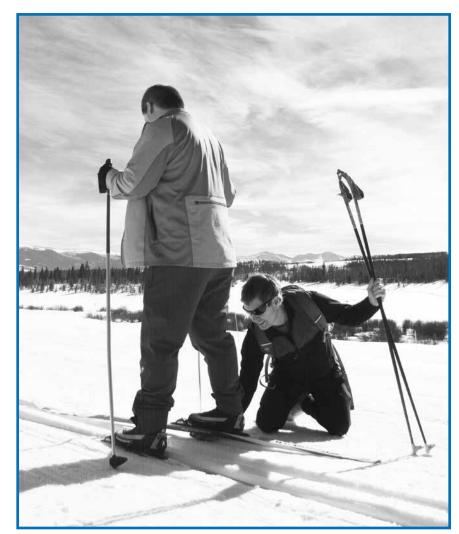
varies with each skier-guide pair. It can even vary from day to day, as the kind of input the skier needs from the guide changes due to trail conditions, visibility (many SFL participants are partially sighted), and the skier's own improving abilities and confidence.

Over the years we've refined the Guide Handbook, a 24-page instructional primer that's distributed to all guides. The Handbook is also available in digital and audio formats on our website, for those who'd like to know more about how we do what we do.

## Join our family

Go to www.sfl.org, Like us on Facebook, or call (612) 827-3232 to request more information.

"Most guides discover that in the process of giving of themselves, they are getting more in return."



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# 40<sup>TH</sup> ANNIVERSARY HIGHLIGHTS

"I was just so happy and proud, and I didn't want it to end."

—Karen Wood, visually impaired skier and 2015 Jan Haug Award winner, pictured above with guide Marita Johanson

## International Week: Fall, rise, repeat

#### By Julie Coppens

It's as true in cross-country skiing as it is in life: at some point, you're gonna fall flat on your butt. And nobody else can get up for you.

In 2009, Karen Wood's husband of twenty-eight years asked for a divorce. She thought her life was over.

"I didn't know how to do anything," said the visually impaired Karen, who relied on her sighted husband for getting around, managing the household... "I didn't even know how to use a computer," she admitted. "It was too easy to let him do things for me." So when he left, she said, "It was do or die."

She got herself into a program to learn adaptive computer technology. She moved to a more walkable neighborhood with better public transportation. She started exercising more. She went to guide dog training school. And there, Karen said, she learned about Ski for Light.

Which is how, in January of 2015, the retired preschool teacher from Columbia, Maryland, found herself flat on her butt again—and *again*—on a fivekilometer skiing trail at Snow Mountain Ranch, near Granby, Colorado, site of the 40th anniversary Ski for Light event.

"I kept track. The first day, I fell

down fifteen times. The second day, I fell eight times. The third day, I fell four times. The fourth day, I fell down two times," Karen said—which was lucky, because that was the number of "free" spills her guide, Marita Johanson, said she would allow Karen that day before she started levying fines: "She said I'd get two falls for free, and then I'd have to pay her." So at least Karen didn't owe her guide any money.

"And then on Rally day, I didn't fall at all!" Karen concluded with a triumphant laugh. She had also improved her time by half over the course of the week, earning a second-place finish in the 5K Rally (an estimated-time contest held on the final day of Ski for Light, along with a 10K Race for more advanced skiers).

That wasn't all: at the banquet, Karen Wood was honored with the Jan Haug Award, a memorial gift of skis, boots and poles bestowed each year on an enthusiastic first-timer.

"When I got on the bus to go to the airport for the trip home," Karen recalled, "I was listening to a John Denver song, and—I have a little bit of vision, so I was looking out the window of the bus and I could sort of see the skyline of those beautiful Rocky Mountains, and I sat there and cried for about thirty minutes. It was happy tears! I was just so happy and proud, and I didn't want it to end... I had an amazing time. I can't tell you how grateful I am for all the people who do this."

Many of those people, plus one fearsome Yeti, had their own moments to shine at the 2015 Ski for Light, as 250 participants and supporters celebrated the organization's fortieth birthday under the Colorado sun. Scott McCall handed the Bjarne Eikevik President's Award to Jim Steele, a longtime guide and tireless volunteer from White Bear Lake, Minnesota. (Jim's also a fine photographer, and some of his images from the 2015 event appear on these pages.) Past presidents, longtime attendees, leaders from the Norwegian Ridderrenn and others reflected on the first four decades of the program, which saw the same steady, hard-earned improvement as Karen Wood witnessed over her first four days on skis.

"Making a good thing better" has always been part of the Ski for Light philosophy, something the Jan Haug winner has clearly embraced for herself. Karen is eager to try out her snazzy new Nordic gear on the rolling terrain at Shanty Creek Resorts in Bellaire, Michigan, site of the 2016 International Event.

"My goal in Michigan is to ski the 10K trail, which I know is going to be more challenging, with more hills," she said. "I want to improve my technique, especially the snowplow. I want to get better and faster each day."

Karen has stepped up her fitness regimen—Pilates, yoga, kickboxing, tandem biking, kayaking—but far more than that physical motivation, she said, Ski for Light has lifted her up psychologically.

"When you're blind, it can be really scary going out into the world by yourself. But the more you do it, the less scary it gets," she said. "SFL was huge for me in doing that... I did it for myself."



—Jim Steele, 2015 Bjarne Eikevik President's Award recipient

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## Ridderrenn 2015: Coming full circle

By Andrea Goddard

"All the people having so much fun... the joy of skiing and the challenge... It's awesome."

—Krista Erickson, blind skier, pictured below with 2015 Ridderrenn Teammates Larry Behne, Deng Kong, and Betty Johnson Executing the "play" command on her voicemail over and over again, Deng Kong could not believe her ears. Had SFL board member Bob Civiak really just left her a message saying she was going to Norway? Finally Deng ran to find her work supervisor at Seattle's Lighthouse for the Blind to let him know she'd been selected to represent Ski for Light at the Ridderrenn.

A native of Laos, Deng had not encountered snow at all until arriving in the United States in 1978. Decades later, while attending the Occupational Training Center for blind and visually impaired people, she heard a presentation that changed her life. She had no vision whatsoever, and had certainly never heard of blind people hiking, tandem biking, or skiing. When Nancy McKinney spoke to the OTC attendees about Puget Sound's regional Ski for Light team, Deng started wondering... What would it feel like to glide across

the snow on a pair of skis? It felt great, she soon learned, first with the Puget Sound group, then at her first SFL International event in 2013, and finally, last spring, on the impeccably groomed trails of Beitostølen.

Krista Erickson discovered SFL around the same time, but in another way. For a while, she'd been ready "to do something different in my life," said Krista, who teaches and assists other visually impaired adults at a center for independent living near Chicago. Stumbling across a reference to Ski

for Light in an article, she went to the SFL website and immediately made up her mind to apply to attend the 2012 International Event in Provo, Utah. Unlike Deng, Krista had done some downhill skiing in her twenties, and had loved it, but couldn't keep it up. Now in her forties, she decided it was time to pick up some poles and try Nordic skiing instead. That first year in Provo, Krista recalled spending her first couple of days falling as Bob Sarver graciously and patiently guided her along the Soldier Hollow trails. She knew, even then, that she'd return: "All the people having so much fun... the joy of skiing and the challenge... It's awesome," she said. Each of her well-trained guides, she added, has helped her find new ways of skiing better. As much as Krista has improved, though, when Judy Dixon called with the news that she'd been chosen for the 2015 Ridderrenn team, Krista's first question was, "Are you sure you want me? I'm a really slow skier!"

Longtime SFL guides Larry Behne and Betty Johnson came to Norway with a lot more skiing experience, and both had previously attended the Ridderrenn—but they were thrilled to return as teammates to Deng and Krista.

Larry ended up with more of a Scandinavian adventure than he expected, however: when his flight to Oslo got cancelled at the very last minute, Larry threw up his hands in exasperation and headed back to the ticket counter. It turned out there were no available flights to Oslo, so the ticket agent asked Larry whether he'd like to fly to Denmark instead? Figuring that the flight would at least get him on the right continent, Larry acquiesced. Upon arriving in Copenhagen, he took advantage of the six-hour layover (before a different flight to Oslo) to board a local train and go sightseeing in the beautiful city. Oddly, boarding the train was no trouble, but he hit a snag when he needed to re-board that train hours later to get back to the Copenhagen airport: the fare had to be paid in Danish currency! Having none, Larry chatted up an attractive lady to help him find an ATM. By the time his plane touched down in Oslo, he was a day late, without his luggage, but in high spirits, ready to hit the snow.

The others had arrived in Oslo as scheduled, and all were impressed by the warmth and genuine helpfulness of the Norwegians they met. Having Norwegian and Swedish heritage herself, Krista had always wanted to visit Europe, and found Norway wonderfully welcoming and exciting.

As the team embarked on a week of fun in the snow, Larry noted how icy the tracks were, despite the careful work of the Ridderrenn's groomers. He actually fell three or four times, a rare thing for the seasoned skier, and braking was next to impossible. "It was so windy," Larry recalled, "it was the first time I'd ever skied uphill without having to move my legs because the wind just blew me right up the icy tracks."

Deng and Betty warmed up for the big race by skiing the 5K course and taking some target practice. Deng relished the challenge of the biathlon, never having had the experience of shooting an audio-guided laser rifle before. She also discovered how difficult it was to rise from the prone shooting position to a stand while wearing skis.

Betty described an international whirlwind on the snow: "Nothing can prepare you for the sound of the guides all excited and guiding in many languages, and the necessity of changing tracks for the first time under stress."

The remainder of the week provided gorgeous weather and unforgettable skiing for the whole team. Krista marveled at the beautiful long straightaways that allowed her and Larry to just ski companionably while talking of things other than the upcoming terrain. She also embraced the test of her first 20K ski-a distance she never would have thought possible for herself a few years ago. Though she ended up being one of the last racers to cross the finish line, Krista glowed: she'd done it! Likewise, though Deng had missed every single shot in her biathlon that day, she just shrugged, smiled, and went on to revel in her own 20K race.

For the guides, the 2015 Ridderrenn ended with a profound sense of connection to the Scandinavian culture that gave birth to Ski for Light. Reflected Betty, "Anyone who gets a chance to see the Norwegian event, with its King's

Guard (we rode on their bus many times back and forth to the ski area); the buffet with its selection of cheeses, meats, fruit, breads, and fabulous desserts: the hustle and bustle of a hotel full of athletes. will have a chance to see the full circle that goes from there to SFL and back."

Above: Unstoppable 94-year-old blind skier Charlie Wirth, a muchhonored American celebrity in Beitostølen, with guides Gunvor Satra and Astrid Mullen. Below, guide Betty Johnson and blind skier Deng Kong at the finish line.



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# **ENDOWMENT FUND**

Contributions to the Endowment Fund are invested to ensure that Ski for Light will glide along for years to come. We gratefully acknowledge those who made gifts between December, 2014, and November, 2015:

> Kevin Burr (in memory of Sherman Teigen) Anita Doyle David Fisk and Jennifer Davey Ronald Goldberg Billie Jean Keith Tim McCorcle (in memory of Bob Stevenson) Patrick McManus Laura Oftedahl MerriKay Oleen Burkey Sheri Richardson Jim Steele Charles Wirth

## Friends of Ski for Light

uring the year we welcomed Ronald Goldberg, Billie Jean Keith, Tim McCorcle, Patrick McManus and Sheri Richardson as friends of Ski for Light. They join 363 individuals or couples who previously became Life Members of Friends of Ski for Light by donating \$400 or more to the SFL Endowment Fund, or because someone else donated that amount in their honor. For the complete roster of Life Members, visit www.sfl.org/life.html. We thank all of them for their investment in the future of Ski for Light, and for their commitment to the program.



Above: new SFL Friends Tim McCorcle and Ronald Goldberg at the 10K finish in Granby.

Blind skier Bob Hartt works with Canadian guide Jeff Hurdman, right, along with some others in their first or second year as SFL volunteers. All new guides spend a day learning from and skiing with veteran participants (they even try skiing blindfolded themselves), before being matched with their skiing partners for the week.

# **CONTRIBUTORS**

e gratefully acknowledge all the generous individuals, foundations, corporations and Sons of Norway lodges that helped us with general operating support from December, 2014, through November, 2015.

## **Racers** (\$2,500 and beyond)

Anglo Norse Fund Borton Overseas Delta Gamma Foundation Flatley Foundation Harmon Foundation Sence Foundation TJX Foundation Thistle Foundation

## **Double Polers** (\$1,000-\$2,499)

Sons of Norway Foundation Einar Bergh Ann Fagan Sven Mogensen (in honor of his 10th SFL event) Ronald Fromm (Goodfellow fund) Harry and Carol Woehrle (in honor of Harry Woehrle)

### **Gliders** (\$500-\$999)

Pepsico Employee Engagement Fund (in honor of Bob Sarver) Sylvia Soucheray Trust Lee Coleman (Goodfellow fund in memory of Kim Coleman Boone) Eileen Goff Trond S. Jensen Leslie Maclin (Goodfellow fund) Scott and Marilyn McCall Tim McCorcle Jean Replinger (Goodfellow fund in honor of Doug and Lynda Boose) David Sweeny (Goodfellow fund) William Warlick Solskinn Lodge 1-550

### Waxers (\$100-\$499)

Apex Foundation (in memory of Bob Stevenson) Arlington Host Lions Charities Mondelez International Foundation NEPA and Sports for Health (in memory of Elizabeth Dougherty) Valley Home Care (in honor of Caroline Lavanhar) Renee Abernathy Leif Andol (honorarium from Huron Lions Club) James and Patience Barnes James and Patience Barnes (Goodfellow fund) James and Patience Barnes (Goodfellow fund in memory of Olav Pederson) Daniel Beckman (in honor of Nino and Marie Pacini) Polly Beyer



""I am so thrilled to have had this opportunity to ski for the first time in my life. I had no *idea* whether I would be able to do it but as it turns out. I can even at my age and with the little bit of vision *I have left! It was* a memorable week which taught me I can do more than I think I can."

—Audrey Demmitt, first-time participant, pictured above gliding into the 5K finish line in Granby John Birdsong Doug and Lynda Boose Nancy Brown Robert and Nancy Buchanan Tom Burgunder Mike and Wanda Cain Mike and Wanda Cain (in memory of Kendall Bodden) Judith Chapman (Goodfellow fund) Dede Chinlund Robert Civiak Donna and Thomas Cole (Goodfellow fund in memory of Olav Pedersen) Julie Coppens (pictured left with skier Cameron Karaschin) Gerald and Lynn Cox (Goodfellow fund in memory of Kim Coleman Boone)

### **Corporate supporters**

Our thanks go to the following companies that have provided products or services to help support Ski for Light. Many of these companies have stood behind us for years—and we're grateful.

JanSport Acorn Adventure Medical Kits Baggallini Blue Ridge Chair Works Borton Overseas Travel Bridgedale Socks Chums Clif Bar Columbia Darn Tough Socks Farm to Feet FasterSkier.com Fjallraven Fox River Mills Haiku Bags Heatmax/Grabbers Kavu Live Eyewear Olly Dog Patagonia PEET Shoe Dryers Peppers Polarized Eyewear Ruffwear SportHill Travelon Treat Planet YakTrax Zukes Jean Cronje Liv Dahl Anita Doyle Bjorg Dunlop John Elliott (Goodfellow fund in memory of Theresa Fancher) Sarah G. Epstein Sandra Lotz Fisher Curtiss Fleck (in memory of Olav Pedersen) Silas and Olivia Ford Lynee Forsyth (in memory of Bob Stevenson) Marilyn Gerhard Morris Gjessing Karin Grossman (Goodfellow fund) Barbara Guinn Walter and Ardis Hammen (Goodfellow fund in memory of Mary Lou Goodfellow) John Hegge Eivind Heiberg Wegard Holby (in memory of Aase Holby) William Holcomb (Goodfellow fund in memory of Kim Coleman Boone) Leslee Lane Hoyum (in memory of Bud Keith and Bjarne Eikevik) William and Chris Jansen Lars and Marita Johanson Barbara Johnson Dick Johnson (Goodfellow fund in honor of Leif Andol) JoAnne Jorud (in memory of Arne Landvik-Larsen) Philip Knapp Jeff Knox (Goodfellow fund in memory of Velma McMeekin) Mary and Ken Kozy Severt and Mary Kvamme Robert Lacey (in memory of Laurinda Lacey) Ken Leghorn Marvin Liewer **Rick Lipsey** 

Erica McCaul (in memory of Frank Kozumplik) Norma Jean McCorcle Helen McIntyre Sharon McKinley (Goodfellow fund in memory of Roger Johnson and Herb Erickson) Charles McManus (in honor of Patrick McManus) Carolee Miller (Goodfellow fund) Harvey Miller Jody and Grady Miller Scott Miller (Goodfellow fund in honor of Carolee Miller) Inger Moen and Becky Prosser (In Memory of Bob Stevenson) George Moss Marvin Nevala Bonnie O'Day and Bob Hartt John and Cynthia Olnes Suzanne Pedersen (in memory of Olav Pedersen) Carolyn Peduzzi Don Perlman (Goodfellow fund in honor of David Baker) Don Perlman (Goodfellow fund in memory of Arne Lankvik-Larsen) Doug Powell Erik Ringkjob Barbara and Asbjorn Rostad (in honor of Lisa and John Navone wedding) Barbara and Asbjorn Rostad (in celebration of 35th wedding anniversary) Gunvor Satra Brenda Seeger (in memory of Lewis Amundson) Larry Showalter (in honor of Wendy David) John and Marsha Soucheray Erlene Stevenson (Goodfellow fund in memory of Bob Stevenson) Craig Stewart (in memory of Bob Stevenson) Stony Stondall



"I had a lot of anxiety coming to Ski For Light for the first time, but that was soon put to rest by the great support we received right from the start, with the training and the warm welcome. Being able to share my passion for X-C skiing with those who otherwise cannot get out to enjoy this great winter activity is very rewarding."

*— Michael Evelo, first-year guide (right), touring the Snow Mountain Ranch trails with Chris Leghorn* 

## **The Goodfellow Fund**

Donations earmarked for the Goodfellow Fund are used for guide stipends and guide training at the International Event. The fund was created in 1990 in honor and memory of Marilou Goodfellow, a longtime guide at the Puget Sound Regional and the International Ski for Light programs. Goodfellow's life ended too soon, the result of an accident. Among the many lives she touched was that of Nancy McKinney, her niece, who began guiding at her suggestion and eventually went on to become Ski for Light president. "I see where you are coming from! I hear where you are coming from! Gliding on the snow, you're a sight to behold, You're the pot of gold at the end of the rainbow. You know exactly what it means To ski the world, to ski the dream, And with your special ways, You be the guide today, You ski for light, we'll follow you."

> *—The chorus from Jim Salestrom's song commemorating Ski for Light's 40<sup>th</sup> anniversary*

Betsy Thomason (Goodfellow fund in memory of Kim Coleman Boone) Janice Tommerdahl (Goodfellow fund) John Weimer Shelley Wine (in honor of Lynn and Jerry CoxGrethe Winther (Goodfellow fund) Romelle Wojahn (Goodfellow fund in honor of Catherine and Elizabeth Kline) Terje Viken Lodge 1-017 Vikingland Lodge 1-495 Fjordland Lodge 1-508 Trollheim Lodge 1-511 Runic Vennskap Lodge 1-530 Solglimt Lodge 1-547 Lauris Norstad Lodge 1-558 Vestland Lodge 1-601 Fedrelandet Lodge 2-023 Roald Lodge 2-039 Odin Lodge 2-041 Poulsbo Lodge 2-044 (in memory of It was an emotional 5K finish for first-time visually **Bob** Stevenson) impaired skier Carrie Bernt Balchen Lodge 2-046 Koskinen and guide Bob Epledalen Lodge 2-096 Sarver, who spent nearly two hours on the trail and Vesterdalen Lodge 2-131 were cheered on to the end Pleasant Point Lodge 3-439 by a crowd of cowbell-Lauderdale Lodge 3-475 clanging supporters.

Tampa Bay Lodge 3-515 (Goodfellow fund in memory of Stan Ewanoski) Fram Lodge 3-564 Gyda Varden Lodge 4-021 Kringen Lodge 4-025 Thor Lodge 4-067 Wergeland Lodge 4-247 Enighed Lodge 4-307 Jotunheim Lodge 4-499 Normont Lodge 4-507 Fjelldal Lodge 4-543 Smaa Fjell Lodge 4-557 Christian Radich Lodge 5-568 Elvesund Lodge 5-593 Edvard Grieg Lodge 5-657 Roald Amundsen Lodge 6-048 Nordahl Grieg Lodge 6-052 Vesterhem Lodge 6-118 Desert Fjord Lodge 6-133 Vestafjell Lodge 6-146 Desert Troll Lodge 6-165

### **Friends** (\$50-\$99)

Peter Abraham Jim and Sharon Allen Helene Baouendi Kathleen Barkmeier (Goodfellow fund) Larry Behne (Goodfellow fund in memory of Bud Keith) James and Beth Bysheim (Goodfellow fund in memory of Magne Bysheim) Jody Carman Joan Chelsen (in honor of Bjorg Dunlop) Donald and Tordis Combs (in honor of Evan Tibbott) Duane and Elizabeth Farrar Susan Friedman (in memory of Richard Friedman) Shirley Andol Halverson (in honor of Leif Andol birthday) Ray Charles Harrison Linda Hill Leslee Lane Hoyum (in memory of Arne

Landvik Larsen) Burton Koske Carl Lantz Gordon and Jean Larson (Goodfellow fund in memory of Kim Coleman Boone) Cindy Lien Sheryl Lindholm (in memory of Richard Lindholm) Mary Grace Lodico Oral Miller Astrid and Ken Mullen Nancy Murgillo Janice Newman (Goodfellow fund in memory of Bud Keith) A. N. and Inger Olsen Sandie Page **Richard Peterson** Joshua Russell (in memory of Kay Holdaway) Megan Schrauben Brenda Seeger (in memory of Jeanne Harren)

Dennis Sorheim Oslo Lodge 1-002 Sagatun Lodge 1-018 Haarfager Lodge 1-040 Fedraheimen Lodge 1-059 Gjoa Lodge 1-065 (in honor of Harald Vik) Granlund Lodge 1-240 Valdres Lodge 1-503 Elvidal Lodge 1-509 Vennelag Lodge 1-546 Vennskap Lodge 1-554 Nordstjernen Lodge 1-563 Norskfodt Lodge 1-590 Elvedalen Lodge 2-129 Suncoast Lodge 3-562 Bernt Balchen Lodge 3-566 Bondelandet Lodge 3-612 Bla Fjell Lodge 3-646 Loven Lodge 5-029 Jotunheimen Lodge 5-286 H R Holand Lodge 5-549 Fram Lodge 6-013



Marion Elmquist, from right, with David Fisk, Ann Fagan, and Sheri Richardson, members of the SFL Tracksetter Society, a group of friends who have included gifts to the organization in their estate plans. Many SFL donors enjoy tax advantages by donating stocks, bonds, or other assets. For details on all the ways you can support Ski for Light's mission, now and in the future, visit our donation page at www.sfl.org/ways, or email Treasurer@sfl.org.

### **In Memoriam**

Arne Landvik-Larsen (1928-2015) was larger than life. His radiant smile, huge hugs, and warm, caring manner were the embodiment of Ski for Light's giving spirit. Arne's first Ski for Light was in 1977, and he adored being a guide and sharing his love of cross-country skiing. He attended the International Week for more than 25 years, until health issues interfered. He was a member of the SFL Board and was in charge of ski fitting at the beginning of the week. He was also the founder of the infamous (though fictitious) New Jersey Mafia, a whimsical society of which I have been a proud, card-carrying member. (That's him standing tall on the right.)

Arne left Norway as a teen, joined the U.S. Merchant Marines and later the Air Force. He was extremely proud to be an American citizen, helped to build his church, was married to Daphne for sixty-four years, and had five children and twenty-one grandchildren and great-grandchildren. Farewell, my dear friend Arne. You will be remembered by so many for your hugs and heart. —*Eileen Goff* 

# **FINANCIAL SUMMARY**

SKI FOR LIGHT, INC. June 30, 2015 and 2014 Statements of Financial Position

ASSETS							
	2015	2014					
CURRENT ASSETS							
Cash and cash equivalents Prepaid expenses	\$67,817 0	\$83,894 \$1,907					
TOTAL CURRENT ASSETS	\$67,817	\$85,801					
OTHER ASSETS							
Endowment investments	\$381,591	\$392,286					
TOTAL ASSETS	\$449,408	\$478,087					
NET ASSETS							
UNRESTRICTED NET ASSETS							
Undesignated	\$64,817	\$85,800					
TEMPORARILY RESTRICTED NET ASSETS							
Time and purpose restricted	\$58,281	\$69,302					
PERMANENTLY RESTRICTED NET ASSETS	\$326,310	\$322,985					
TOTAL NET ASSETS	\$449,408	\$478,087					

The entire financial statement for fiscal years 2014 and 2015 is available upon request. The most recent IRS Form 990 is also available upon request from the Ski for Light office.

#### SKI FOR LIGHT, INC. Statements of Activities and Changes in Net Assets For the year ending June 30, 2015 and 2014

PUBLIC SUPPORT and REVENUE	2015 Unrestricted	2015 Temporarily Restricted	2015 Permanently Restricted	2015 Total	2014 Total
PUBLIC SUPPORT					
Contributions (includes in-kind)	\$70,399	\$3,000	\$3,325	\$76,724	\$67,933
Auction and raffle revenue	\$4,100	φ3,000 0	φ <i>5,52</i> ) 0	\$4,100	\$6,022
TOTAL PUBLIC SUPPORT	\$74,499	\$3,000	\$3,325	\$80,824	\$73,955
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MERCHANDISE SALES					
Revenue	\$14,544	0	0	\$14,544	\$7,241
Cost of Sales	(\$4,677)	0	0	(\$4,677)	(\$2,235)
NET MERCHANDISE SALES	\$9,867	0	0	\$9,867	\$5,006
OTHER REVENUE					
Participant fees	\$233,954	0	0	\$233,954	\$216,925
Investment interest and dividends	\$11	\$17,005	0	\$17,016	\$13,996
Realized gain (loss) on investments	0	(\$8,548)	0	(\$8,548)	\$3,762
Unrealized gain (loss) on investments	0	(\$2,478)	0	(\$2,478)	\$31,366
TOTAL OTHER REVENUE	\$233,965	\$5,979	0	\$239,944	\$266,049
Satisfaction of purpose restriction	\$20,000	(\$20,000)	0	0	0
TOTAL PUBLIC SUPPORT and REVENUE		(\$11,021)	\$3,325	\$330,635	\$345,010
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EXPENSES					
PROGRAM SERVICES					
SFL Event	\$301,170	0	0	\$301,170	\$284,728
Ridderrennet	\$9,216	0	0	\$9,216	\$7,449
TOTAL PROGRAM SERVICES	\$310,386	0	0	\$310,386	\$292,177
SUPPORTING ACTIVITIES	+0-0,000	-	-	+0-0,000	+=>=)=, ,
Administrative and General	\$40,230	0	0	\$40,230	\$29,277
Fundraising	\$8,698	0	0	\$8,698	\$7,252
TOTAL SUPPORTING ACTIVITIES	\$48,928	0	0	\$48,928	\$36,529
TOTAL EXPENSES	\$359,314	0	0	\$359,314	\$328,706
INCREASE (DECREASE) IN NET ASSETS	(\$20,983)	(\$11,021)	\$3,325	(\$28,679)	\$16,304
NET ASSETS, BEGINNING OF YEAR	\$85,800	\$69,302	\$322,985	\$478,087	\$461,783
NET ASSETS, END OF YEAR	\$64,817	\$58,281	\$326,310	\$449,408	\$478,087

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## **BOARD OF DIRECTORS**

Above: Norwegian delegation leader Sigurd Dalen, from right, honors Scott McCall, Judy Dixon, Marion Elmquist and other past presidents of Ski for Light who were on hand for the organization's 40th anniversary celebration in Granby. The full history:

Scott McCall, 2014-Present Marion Elmquist, 2008-14 Larry Showalter, 2002-08 Nancy McKinney, 1996-2002 Raymond (Bud) Keith, 1994-1996 Scott McCall, 1992-94 Judith Dixon, 1989-92 Robert Norbie, 1988-89 Raymond (Bud) Keith, 1981-88 Bjarne Eikevik, 1976-81 Carl Platou, 1975-76

Below: the current SFL board at the Inn at Silver Creek in Granby, with the chair of the ad hoc Arctic ice fishing committee. Ski for Light, Inc. is an all-volunteer organization, managed by an elected Board of Directors. The affairs of the organization are managed between meetings of the full Board by an Executive Committee of the Board. Board members serve four-year terms; executive committee members serve two-year terms. Here is the roster for 2015-16.

### **Executive Committee**

Scott McCall, President Atlanta, Georgia Julie Coppens, Vice President Juneau, Alaska Judith Dixon, Secretary Arlington, Virginia Brenda Seeger, Treasurer Red Lake Falls, Minnesota Cara Barnes, Director-at-Large Eureka, California Robert Civiak, Director-at-Large Lebanon, New Hampshire Marion Elmquist, Immediate Past President Des Moines, Iowa



### Directors

Renee Abernathy - Dallas, North Carolina Heather Berg - Colchester, Vermont Wendy David - Seattle, Washington Krista Erickson - Mundelein, Illinois David Fisk - Post Mills, Vermont Nicole Haley - Peterborough, New Hampshire Robert Hartt - Alexandria, Virginia Eivind Heiberg - Minneapolis, Minnesota Ken Leghorn - Juneau, Alaska Leslie Maclin - Evanston, Illinois Tim McCorcle - Seattle, Washington Bonnie O'Day - Alexandria, Virginia Laura Oftedahl - Berkeley, California Lawrence Povinelli - Madison, Alabama Holly Schmaling - Delafield, Wisconsin Larry Showalter - Seattle, Washington Peter Slatin - New York, New York David Sweeny - Brooklyn, New York

**Honorary Director:** 

Jon Tehven, President, Sons of Norway *Minneapolis, Minnesota* 

### **Directors Emeritus**

Leif Andol - Huron, South Dakota Nancy McKinney Milsteadt -Winthrop, Washington Einar Bergh - Stavanger, Norway Jean Replinger - Marshall, Minnesota

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