

Skiing. Sharing. Learning.

The mission of Ski for Light (SFL) is to enhance the quality of life and independence of visually or mobility-impaired adults through a program of cross-country skiing.





Get involved with SFL!

Join us at our annual week long XC Ski Event: SFL International!

- \checkmark As a blind, visually or mobility impaired skier
 - ✓ Beginners thru advanced skiers are welcome!
 - ✓ Trained guides ski alongside skiers
- ✓ As a XC Ski Guide
 - \checkmark Share the sport you love with adaptive skiers.
 - \checkmark Intermediate or advanced skiers welcome.
 - ✓ SFL provides training.
- ✓ As a Worker Bee

 \checkmark Volunteer to assist the ~200+ skiers

Support SFL!

 \checkmark Make a financial contribution (tax deductible) ✓ Sponsor SFL by donating goods or services \checkmark Be a SFL ambassador: spread the word about SFL to potential skiers, guides, volunteers & sponsors ✓ Ski locally and help a future SFL skier prepare!





www.sfl.org SKI FOR LIGHT, INC. www.facebook.com/skiforlight

